The Value of Certification:
- Physicians can be recognized for their training in effective treatment options and practical tools for obesity and overweight counseling and treatment.
- The gap between recommended obesity care and current physician practice is not insurmountable.
- In 2013, the American Medical Association officially labeled obesity as a disease.
- Patients with obesity and overweight can be helped by their physicians.
- There are an increasing number of physicians devoting a portion of their practice to obesity care.
- As more physicians become recognized by the ABOM, we move closer to the goal of becoming recognized by the American Board of Medical Specialties (ABMS).

About the Diplomates:
- There are more than 3,375 ABOM Diplomates in the United States and Canada.
- ABOM collaborates with the National Board of Medical Examiners (NBME), the leading test administration organization in the United States, to administer an annual credentialing exam.
- Physicians taking the Certification Examination for Obesity Medicine Physicians come from many fields of medicine including internal medicine, family practice, ob/gyn and many more.
- ABOM collaborates with many leading organizations to promote Obesity Medicine education, including the Obesity Medicine Association, Harvard University, Columbia University, The Obesity Society and the American College of Physicians.